

Chart to determine USAG Rhythmic Age Bracket based upon the year born.

	Competition Year							Age
	2004	2005	2006	2007	2008	2009	2010	
SR	1989	1989	1990	1991	1992	1993	1994	16 and up
JR	1990	1990	1991	1992	1993	1994	1995	15
	1991	1991	1992	1993	1994	1995	1996	14
	1992	1992	1993	1994	1995	1996	1997	13
			1994	1995	1996	1997	1998	12
CH B	1993*	1993	1995	1996	1997	1998	1999	11
	1994*	1994	1996	1997	1998	1999	2000	10
	1995*		1997	1998	1999	2000	2001	9
CH A		1995	1998	1999	2000	2001	2002	8
		1996	1999	2000	2001	2002	2003	7
			2000	2001	2002	2003	2004	6
NV	1996	1997	X	X	X	X	X	
	1997	1998	X	X	X	X	X	
	1998	1999	X	X	X	X	X	

- Notes:
- 1 Novice Age Bracket has been discontinued
 - 2 Twelve year old Junior level 10's can not represent USA Internationally.
 - 3 A gymnast's age is determined by how old she will be as of December 31st of the year in which the competition takes place.
 - 4 * Prior to 2005 there was only one CH bracket spanning 3 years